

# Using Integrated Play Therapy with Traumatized Children



**View Point  
Health**

Location:

3025 Bethany Church Rd  
Snellville, GA 30039

Dates:

May 12 &  
November 10, 2026  
9:00am - 4:30pm



APT Approved Provider 21-637

Presenters:

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RPT-S™, ACS, BC-TMH  
Annie Stewart, MS, LPC, NCC,  
RPT™

In a world filled with diverse therapeutic modalities and theories, determining how best to treat a traumatized child can feel complex and overwhelming. This six (6) CE training explores how to meet the traumatized brain exactly where it is— understanding the neurobiological impact of trauma and tailoring interventions accordingly. Participants will learn how to assess whether a direct or indirect Play Therapy approach is most appropriate, and how to integrate a wide variety of Play Therapy activities and techniques to meet the unique needs of each child.

Through case examples, experiential learning, and discussion, clinicians will leave with practical, flexible tools to support trauma recovery and foster resilience through play.

At the end of this training, participants will be able to...

- Explain the Neurosequential Model and its use in Play Therapy with traumatized individuals;
- Identify at least 2 somatic symptoms traumatized individuals experience in play therapy;
- Determine the appropriate uses of direct vs. indirect Play Therapy techniques;
- Assess for trauma in Play Therapy Clients;
- Describe the difference between Dynamic and Toxic Play; and
- Utilize 2-3 Play Therapy activities for each phase of posttraumatic treatment.

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[HTTPS://WWW.MYVIEWPOINTHEALTH.ORG/TRAINING/PLAY-THERAPY/](https://www.myviewpointhealth.org/training/play-therapy/)

All Cancellation of training registration must be made at least 7 days in advance of the event date in order to receive a 100% refund. Cancellations made within 7 days of the event date will result in loss of the payment for the training. No credits for future trainings will be issued. Transfers of training seat(s) or space to another individual must be pre-approved by the View Point Health lead trainer for the specified training/workshop to which the transfer is being requested.

This training has been approved by APT Approved Provider 21-637 for 6 CE hours. This training will provide 6 core hours (CEs) approved through academic sponsorship by the University of Georgia School of Social Work for the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists. Play therapy credit is only awarded to mental health professionals and graduate students enrolled in a graduate mental health program.



# Agenda

9am - 9:30am: Introductions, Disclaimers, Objectives

9:30am - 10am: The history of TF-IPT and its adaptation for today's training

10am - 10:30am: Power of Play Wheel

10:30am - 10:45am: Break

10:45am - 11:15am: Assessing Need for Trauma Treatment; Unique trauma related Somatic Symptoms

11:15am - 12pm: Dynamic vs. Toxic Play; Indirective vs. Directive Trauma Treatment

12pm - 1pm: Lunch (Lunch not provided)

1pm - 1:10pm: Phases of Posttraumatic Play Therapy

1:10pm - 2:10pm: Phase One Interventions

2:10pm - 3:10pm: Phase Two Interventions

3:10pm - 3:25pm: Break

3:25pm - 4:20pm: Phase Three Interventions

4:20pm - 4:30pm: Wrap-Up