



The Power of the Tray: Deepening Play Therapy with Sandtray Techniques



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Dates: April 14th, 2026 & August 12th, 2026 (9:00 am to 4:30 pm)

Location: 3025 Bethany Church Rd., Snellville, GA 30039

Discover the power of sandtray in play therapy! This experiential training explores the use of sandtray as a tool for expression, sensory exploration, reflection, and healing. Participants will gain hands-on techniques and creative prompts for a variety of presenting concerns, learn how to recognize progress and common themes within the sandtray process, and explore how sandtray can provide meaningful insight into the Person of the Therapist. Join us to deepen your connection to this powerful therapeutic modality and your own clinical work.

Register at: playtraining@vphealth.org

At the end of this training, participants will be able to...

- List at least three play therapy miniature categories utilized in sandtray;
- Explain the difference between non-directive and directive sandtray use in play therapy;
- Implement 2-3 sandtray prompts for various presenting concerns in play therapy;
- Analyze play therapy progress shown in the sandtray;
- Describe the common play therapy themes in sandtray; and
- Utilize sandtray for insight into Person of the Play Therapist.

Cancellation Policy: All cancellations of training registration must be made at least 7 days in advance of the event date to receive a 100% refund. Cancellations made within 7 days of the event date will result in loss of the payment for the training. No credits for future trainings will be issued. Transfers of training seat(s) or space to another individual must be pre-approved by the View Point Health Lead Trainer for the specified training/workshop to which the transfer is being requested.

This training has been approved by APT Approved Provider 21-637 for 6 CE hours. This training will provide 6 core hours (CEs) approved through academic sponsorship by the University of Georgia School of Social Work for the Georgia Composite Board of Professional Counselors, Social Workers, and Marriage and Family Therapists. play therapy credit is only awarded to mental health professionals and graduate students enrolled in a graduate mental health program.

Agenda

9:00am – 9:30am	Introductions Disclaimers and Objectives
9:30am – 10:00am	Overview of Sandtray Benefits and Contraindications
10:00am – 10:30am	Miniature Categories
10:30am – 10:45am	Break
10:45am – 11:15am	Common Themes and Tray Presentations
11:15am – 2:00pm	Documentation and Assessing for Progress
12:00pm – 1:00pm	Lunch Break (lunch not provided)
2:45pm – 3:00pm	Break
3:00pm – 4:00pm	Person of the Therapist Sandtray Interventions
4:00pm – 4:30pm	Wrap-Up • Take aways & debrief questions • References and Resources • Program Evaluation