



MIXTURA

CLUBHOUSE
EVENTS

MAY | 26

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Check out the events this month:



Too Good For Drugs: 5/19, 5/26 - Starting a new cohort in partnership w/ Semillas Seeds Foundation. <https://www.semillasseeds.org/>



Parent Group Familia Adelante Lessons:



Clubhouse Activities: 5/6, 5/7, 5/13, 5/14 - *The Tree of Life activity*



Cohort graduation TBA (Summer break starts)



Field Trips: 5/20, 5/21, 5/27, 5/28

May Theme

National Prevention Week/ Mental Health Awareness Month

We will be developing a group activity called "The Tree of Life" reflecting on all the different elements needed to grow and develop a strong and healthy life, from the roots to the fruits, understanding the role of society, community, family, and support networks to be able to see the "fruits" of living a healthy life (achieving goals).

